



How Much Disability Insurance Do You Need?

This simple worksheet helps you assess the income needed to sustain your current standard of living should you become disabled and unable to work. This should not be viewed as a comprehensive assessment.

Monthly Income Available

Income from current group disability coverage	\$ _____
Income from current individual disability coverage	\$ _____
Income from spouse or other family member	\$ _____
Monthly investment income	\$ _____

Total Monthly Income Available¹

\$ _____

Monthly Expenses

Mortgage (including property tax) or rent	\$ _____
Homeowners/renters insurance	\$ _____
Car payments/car insurance	\$ _____
Utilities	\$ _____
Food/clothing	\$ _____
Bank loans/credit card payments	\$ _____
Medical expenses (incl. costs due to disability)	\$ _____
Life/health insurance	\$ _____
Monthly savings/investments	\$ _____
Maintenance costs for the home	\$ _____
Other (education, etc.)	\$ _____

Total Monthly Expenses²

\$ _____

(Income - Expenses)

Need for additional income replacement due to disability \$ _____

¹ Does not include Social Security disability payments, as benefit amount varies by individual case.

² Does not include one-time expenses (i.e., modifying home or automobile to accommodate disability)



To learn more about the benefits of disability insurance and to do this calculation online, go to www.lifehappens.org/DIcalc.

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